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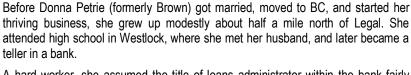
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# Gegal-Gerie June 2011

# Yellowhead Painting & Decorating Ltd.



A hard worker, she assumed the title of loans administrator within the bank fairly quickly. Although she is a good-natured and cheerful person, she occasionally found herself feeling a little stumped by the "In" file box... it seemed that it didn't matter how hard she worked, it was never emptied. When she and her husband lived in Hinton, near Jasper, she started working in a completely different field. A

husband and wife team ran a business in home redecorating and painting, and Donna found she had a knack for it. She felt extremely gratified as she worked, since she was able to see the results of her labor take shape. When she completed a contract, she would look at her work in the house and feel proud to be able to elicit that kind of finish, that kind of character for the home. It inspired her to take a course in interior decorating, to improve her knowledge and skill.

When she was laid off, she felt stumped and a little lost, and visited a hair salon to boost her spirits. "People talk to their hairdressers, you know," she confessed. "I ended up telling her everything, and my hairdresser jumped on the opportunity! She hired me on a contract to paint her house." While Donna skillfully completed the job, her impressed hairdresser spread the

word of the new face in interior design... and by the time Donna was finished, she had four more contracts ready to start. "I thought, wow! I better get a business license!" Donna laughed as she told her story.

Donnas' business, named Yellowhead Painting & Decorating Ltd, took off. She had never been happier than to help people create homes out of the unfamiliar houses they moved into, or to give facelifts to tired, worn-out themes. When her husband Walker also suffered a layoff, he joined forces with her, and for 22 years now the Petrie team has successfully run their business.

Four years ago, they moved back home to Legal area, and continued their business. When asked what sets Yellowhead Painting & Decorating Ltd apart from others who may offer the same service, Donna mentioned that they rarely work more than one job at a time. "If we take a contract on your home, that's our priority, we finish the job properly!" She mentioned that she'll do a free consultation with you, by coming to your house and speaking with you about what you'd like done professionally and what you'd like to either complete yourself, or wait to finish. For example, Yellowhead can divide the work between rooms (i.e. kitchen and living room done professionally, leave the bedrooms), or in piecemeal (i.e. ceiling and walls completed, leave the baseboards or closets for the client to complete). Every contract is shaped to fit the needs of the client, and the free estimate is emailed, faxed, or mailed to the client quickly after the consultation. Another bonus: touch-up paint is left behind for unfortunate, accidental scrapes in the finish!

To contact Donna and Walker Petrie, you can call 780-961-2457 or email <a href="mailto:donnap@cruzinternet.com">donnap@cruzinternet.com</a>.

Profile Written By: Karma Klassen



www.clearwave.ca

# Highspeed Internet & Telephone Services

11220 143 Street Edmonton, AB T5M 1V5 PH: 669-9283 Fax: 451-9039

tech support: 701-3401

#### BUSINESS PHONE DIRECTORY

Visit us at: www.legalchamberofcommerce.com/

ı	Abacon Accounting Ltd.	961-3508	48	Legal Electric (1986) Ltd.	961-2403
2	ACFA Centralta	961-3665	49	Legal Fire Department	961-3110
3	Advanced Glass and Mirror	721-6117	50	Legal Hotel & Café	961-3117
4	Amber Appliance and	961-2453	51	Legal Insurance and Registries	961-3137
	Refrigeration Service Ltd.		52	Legal Lions Community	961-3041
5	Badger Truck Parts	961-2522		Transportation	
6	Bergeron & Company, CGA	468-1667	53	Legal Liquor Warehouse	961-2515
7	Bigmouth McGee's	961-2491	54	Legal Machine & Welding	961-3444
8	Blanchet Fine Arts	961-3461	55	Legal Motors	961-3600
9	BMC Digital Phone Service	701-9075	56	Legal Self Storage	961-4050
10	Bon Appétit	961-3334	57	Legal Soccer Club	961-3188
П	C & L Car & Truck Wash	961-3256	58	Legal Super Mart	961-3332
12	Canadian Real Estate Service	961-3500	59	Legal Vipers Senior Hockey Club	961-3600
13	Career Employment &	939-2353	60	Loov Photography	660-0611
	Counselling Services		61	LTD Heating	961-2588
14	Catholic Women's League	961-2262	62	M and M Catering	961-3015
15	Cen-Alta Oilfield Trucking Ltd.	961-4148	63	MCSNet Toll Free I-866	
16	Centralta Tourism Society	460-1034	64	Maison Thibault Ltd.	961-3456
17	Chatha Professional Corporation		65	Mike's Siding	961-4168
18	Clearwave Broadband Networks		66	Millennium Modular Homes Ltd	961-2273
19	C.I Printing & Office Services	701-5234	67	Missanabie Fine Art	961-7638
20	Club 60 Roses	961-3041	68		)-800-3619
21	Community Music Initiatives 877		69	Mountain Meadows Food	000 3017
22	Conseil de Développement	414-6125	0,	Processing (2004) Ltd.	961-2470
	Économique de L'Alberta	11 1-0123	70	Nuskin / Pharmanex	701-2170
23	Creative Memories	991-6957	, 0	By Annie Dribnenky	961-2180
23	by Chantal Brousseau	//1-0/5/	71	Nuskin / Fountain Of Youth	701-2100
24	Cyr's Small Engine Service	961-3041	<i>,</i> ,	By Sandra Intwert	718-4678
25	D&K Regimbald Transport Ltd.	777-4610	72	Peterson Krochak	452-6300
26	Darcy Brisson Trucking Ltd	961-4196	73	Premium Food Services Ltd.	801-0887
27	Desa School of Karate	458-6931	74	Provencal Trucking Ltd.	961-2070
28	Drap Santé / Sweet Sleep	457-0291	75	R & R Electric	961-3735
20	(Health Sheets)	137-0271	76	Remco Memorials	961-3850
29	Ecole Citadelle	961-3557	77	Renés Vacuum Service Inc	961-3064
30		961-3461	78	Saunders Appliance Service	349-2225
31	Enterprises Papillion FAST RV	961-4166	79	Servus Credit Union	961-5080
32	Five 0 Mfg. Ltd	961-3216	80	Spirit Harbour Massage	961-3241
33	Forquith Holdings Ltd	961-3994	81	Star Alliance Enterprises Inc.	961-3006
34	Friends of Legal School Society	961-4099	82	Sturgeon Valley Fertilizers Ltd.	961-3088
35		961-3800	83	•	961-2581
36	G & J Mechanic Service Ltd. Glenn's Auto Repair	701-5230	84	Sun Insulators & Roofing	961-2171
37	Greater St. Albert Catholic	459-7711	85	Sunnyside Fruit & Vegetables	701-2171
37		737-7711	63	Top Notch Certified Driving	941 2225
38	Regional Division No. 29	921-2397	86	Examiners Town of Legal	961-2335 961-3773
	Hachey Auto		87	•	
39	Hammond Travel	984-2245		Treesmith Ltd.	961-4019
40	Hunters Print & Copy	939-8882	88	Vimy Diesel Injection Inc.	961-2199
41	Jayman Realty (Edm.) Inc.	218-7653	89	Volunteer Resource of Legal	961-3041
42	Jencourt Bobcat Services	961-4055	90	WELLNESS 4U INC.	961-2447
43	LA Looks	961-3899	91	West Legal Upholstery	961-2494
44 45	Laforce Construction (1984) Ltd	467-7189	92	Winnie's Body Works	961-2512
45	Legal Alfalfa Products	961-3958	93	Yellowhead Painting and	0/1 2/57
46	Legal Bottle Depot	961-3003		Decorating Ltd.	961-2457
47	Legal Co-op Petroleum Div.	961-3766			<b>A</b>

#### VOLUNTEER CONTACT INFORMATION

#### **CHAMBER ENQUIRIES**

CONTACT: Jodi McArthur PHONE: 780-961-3325

#### **LEGAL-LERIE ADS OR ENQUIRES**

CONTACT: Carol Tremblay
PHONE: 780-701-5234
EMAIL: legal-lerieads@hotmail.com

#### **BUSINESS PROFILE**

CONTACT: Karma Klassen
PHONE: 780-961-3319
EMAIL: karma\_rmt@yahoo.com

Please Note ALL submissions
must be submitted by the
20th of the month
and directed to
legal-lerieads@hotmail.com

#### LEGAL-LERIE SPONSORS

- Servus Credit Union
- Legal Co-op Petroleum Div.
- Canadian Real Estate Service
- Centralta Tourism Society
  - Town Of Legal
  - Family & Community Support Services
    - Club 60 Roses
      - ACFA
    - Fete Au Village

# Membership Renewal Notice

NOTICE SOMETHING MISSING FROM OUR BUSINESS LISTINGS???

Want to have your business added to the directory? Become a member of the Legal & District Chamber of Commerce! Have a voice in your business community, network, receive discounted advertising within the Legal-Lerie, and a FREE featured business profile of the month (first come first serve basis). Additional Benefits of becoming a Member of the Chamber of Commerce can be viewed on our website at www.legalchamberofcommerce.com

If you require a Membership Renewal Form or have any questions or concerns, Email: legal-lerieads@hotmail.com

Or Call, Carol at 780-701-5234 or Jodi at 780-961-3325

#### **GET NOTICED!**

Become a member and get discounted advertising within the Legal- Lerie Additional Benefits can be viewed on our website at

www.legalchamberofcommerce.com

New business card ad sizes available-call today!



### UPCOMING EVENTS & ANNOUCMENTS

#### FIRE BAN – TOWN OF LEGAL

Due to extremely dry conditions and a high risk of fire, The Town of Legal has implemented a fire ban as per Bylaw 02-2009. This fire ban includes all open fires such as campfires, and open fires used for cooking and warmth. Propane or Natural Gas fuelled BBQ's are permitted. Please visit our website or take note of posted signs to advise you of when the ban is lifted.



THE SERVUS CREDIT UNION COMMUNITY COUNCIL would like to invite all to come and enjoy a BBQ.

DATE: Thursday, June 9th, 2011 TIME: 9 a.m. to 6 p.m. LOCATION: Legal Servus Credit Union

> \$3/ hamburger with drink All proceeds will be donated.



#### ≈ Thank You ≈

The Town of Legal would like to extend their sincere thanks to the Legal Volunteer Fire Department for their continued diligence and quick responses in keeping our community safe.

#### CONGRATULATIONS TO AMY DAUVIN WHO WAS SELECTED AS A FINALIST IN THE 2011 ALBERTA CHILD CARE PROFESSIONAL AWARD OF EXCELLENCE.

Amy was one of three nominees in the Parent Link category. She is a tremendous woman and is a huge inspiration for the many young families in our community. Thank-you Amy for all of your hard work at the Parent Link Centre. We really appreciate all of your efforts.

#### LEGAL PRESCHOOL IS ACCEPTING REGISTRATION FOR SEPTEMBER 2011 START-UP.

For registration forms or for more information please contact [odi;

PHONE: 780-961-3325 EMAIL: jodimcarthur@yahoo.ca

REGISTRATION DEADLINE IS AUGUST 1st, 2011

LEGAL SOCCER is seeking volunteers to make the team wind up parties a great success. If interested in volunteering please contact;



Cost:

SHANNON: PH: 780-702-1711

EMAIL: sd.macintyre@yahoo.ca

ALSO, A REMINDER THAT U8-U14 JERSEYS MUST BE RETURNED AND A REFUND WILL BE ISSUED.



5000 SQ/FT WELDING SHOP



 $\overline{\mathbf{V}}$ Ideally Located on Primary Highway

 $\sqrt{}$ Owner retiring but willing to assist with startup

**Equipment Optional** 

FOR MORE INFO PLEASE CONTACT RICHARD;

780-961-2598 PHONE:

### **LOOKING TO PROMOTE YOUR BUSINESS** $\tilde{\ }$ Inserts Now Available $\tilde{\ }$

The Legal-Lerie is now offering the opportunity for you to showcase your business with a insert!

Total Market Coverage of Legal, Rural & Vimy—No Duplication— No Shrinkage from Door-To-Door Carrier non-delivery.

Simply contact Carol at legal-lerieads@hotmail.com to discuss monthly, quarterly or yearly pricing of your insert submission.

Insert Submissions must be made by the 20th of the month. \*

DON WYNNYCHUK PH#: (780) 961-2512 LEGAL, ALBERTA FAX#: (780) 961-2236

Printing & Office Services

CAROL TREMBLAY • Invoices

Box 524

Legal AB, ToG 1Lo

Ph: 780-701-5234

Cell: 780-916-0551 Email: ci961@hotmail.com

#### **Desktop Publishing**

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- · Special Event Tickets
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- Invitations
- **Bulk Mailing** Statements
- Advertising

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- Letterhead, Envelopes Booklet Assembly
  - Cerlox Binding
  - · Laminating Telemarketing
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1.866.963.2468

www.legalselfstorage.com

Office: 780.961.4050 Email: info@legalselfstorage.com



#### UPCOMING EVENTS Annoucments



#### Chili Cook-off



Register at the Town Office to participate in this year's Chili Cook-off at the Fete au Village.

Friday July 22<sup>nd</sup> Date:

7.30pm Time:

Cook up your best batch of chili and be ready to serve up some heat!

To register contact Christine at the Town Office,

780-961-3773 Phone: July 20th Register By:

Watch next month's Legal-Lerie & the Town's website for more details!

SPRING CLEAN UP TIME IS HERE AGAIN & BUSYKIDS IS READY TO GET THE JOB DONE CALL TODAY TO GET YOUR YARD LOOKING ITS BEST!

## BUSYKIDS HOME & YARD CARE



884-6701 or 915-9723 (Cell)



# Legal Motors Ltd. Main Street Legal

4618-50 Avenue P.O. Box 39 Legal, Alberta TOG ILO

Phone: (780) 961-3660 EDM Direct: (780) 460-3760 Fax: (780) 961-4044 Email: legalmotors@interbaun.com





Jeep

FIVE STAR

#### **Legal Co-Operative Petroleum Division**



Cardlock

Fuels, Oils & Lubes

Monday to Friday 9am-5pm

4812—52st Legal, AB 780-961-3766 legalcoopfuels@mcsnet.ca

#### CUSTOMER **Tupperware Appreciation Sale**

#### Up to 60% Off

Get amazing deals on Tupperware! Great gift ideas for weddings, showers, birthdays etc.

> THURSDAY, JUNE 2<sup>ND</sup> 10:00AM-5:00PM 4904-49<sup>ST</sup> LEGAL

(behind and across street from Legal Super Mart)

Colleen Provencal, Tupperware Director

Phone: 780-961-2070

#### COME CELEBRATE DONNA HODGINS' RETIRMENT!

A dinner will be held in Donnas' honour, where Legal School will be celebrating 36 years of teaching and service to our community.

> WHEN: Thursday, June 16th

WHERE: Legal School Lunch Room

MEET & GREET: 5:30pm SUPPER: 6:00pm

> Tickets for the dinner will be \$20.00.4 Please RSVP Shelley at 780.961.3791

Anyone wishing to contribute to a memory book please;

EMAIL: mmoylan@gsacrd.ab.ca





5506 - 50 Avenue Box 295, Legal Alberta T0G 1L0

AUTO - COMMERCIAL - RESIDENTIAL

**Marc Cloutier** 

Ph: 780-961-2276 Fax: 780-961-2286 Cell: 780-721-6117

Email: advanceglass@clearwave.ca

### Marc Tremblay, RPA, CGA



3120 Parsons Road NW Edmonton, AB T6N 1L6 Phone: (780) 628-4800

Fax: (780) 669-3678

Cell: (780) 236-4466

"Adding Value to Business"

www.chathacga.com

mtremblay@chathacga.com

## CO·OP Co-op Petroleum Div.

#### **OIL AND LUBE**

Many of our members are now aware that the Legal Co-op offers a large selection of oil and lubes for their vehicles. Did you know we also sell oil and lubes for yard grooming equipment and ATVs? Stop in and see our selection, and if you need help selecting the best product for your needs, be sure to talk to one of our staff members.

#### **FUEL DELIVERY**

Thank you to all our farming members for your patronage while seeding this spring. Please remember to call us 72 hours in advance for fuel delivery while spraying. The more advance notice you provide when ordering, the better we can meet and exceed your expectations!



#### **ADDITIONAL PRODUCTS**

We continue to provide pricing/quotes for double walled fuel tanks and grain bins. Call the office for details at 780-961-3766.

#### **CARD LOCK REMINDER**



Several members have reported problems with the auto clips, resulting in fuel spills. Please do not leave your nozzle un-attended at the pump.



#### Fete Au Village

The Fete Committee is reaching out to you, our community for sponsorship as well as volunteers to help organize and run events throughout the Fete. You can sponsor events such as the pony rides, dunk tank, clown/magician, face painter, petting zoo, and many others. Volunteer time, merchandise, as well as monies are all important to our festival's success.

As a committee we also welcome your suggestions and will work with you to help showcase your organization's support for the "Fete au Village".

Don't miss out on this great opportunity, if your organization or even an individual of your organization is interested in helping out please contact Gina.

780-961-3233 PHONE:

> Fete Meetings are the last Thursday of each month at the Town Office.

#### HONOURABLE KEN KOWALSKI

MLA, Barrhead-Morinville-Westlock Constituency Speaker of the Legislative Assembly of Alberta

Legislature Office:

325 Legislature Bldg, Edmonton T5K 2B6 Phone: 780-427-2464 Contact: Beverly Alenius Constituency Office:

5510-50 Ave. Barrhead, T7N 1I1 Phone: 780-674-3225 Contact: Audrey Neuman



#### Legal Lions Club

The Legal Lions wishes to introduce Jacques Martel and Wally Hartfelder as the newest members to Legal Lions Club.

For more information on how to become a member contact: Suzanne at Ph: 780-961-4101



Photo from left to right Bill Weber, Past International Director, Jacques Martel; Suzanne Prefontaine, Wally Har

VOLUNTEERS ARE NOT PAID -- NOT BECAUSE THEY ARE WORTHLESS, BUT BECAUSE THEY ARE PRICELESS.

THEY HELP MAKE A DIFFERENCE!



#### lub 60 Roses

#### **BREAKFASTS**

Next Breakfast will be June 5th, 2011.

No Breakfast July and August, resumes September 11th, 2011.

#### STITCH & LEARN

Tuesdays at 7:00 pm. Contact Georgette at 780-961-3041

#### **RENTAL OF CLUB 60 ROSES**

Contact Laurette Pelletier at 780-961-3877

#### SENIORS WEEK BBQ— ALL SENIORS WELMCOME!

DATE: June 8,2011

11:30am to 1:00pm Time: LOCATION:

Club 60 Roses



# Legal Insurance & Registry Services

#### Home, Farm, Auto & Commercial Insurance

**Main Street Legal** 

Phone: (780) 961-3137

Fax: (780) 961-3453

Toll Free: 1-866-961-3137

# Spirit Harbour Massage

A refuge from life's little storms To book your escape call

780 961-3241

Certified & Registered Massage Therapist Offering: Relaxation, Therapeutic, Pregnancy & Hot Stone Massage Soothing Paraffin Wax Dip available

#### SUMMER PLAYGROUND

Drop into the Legal Arena for some summer fun!

July 18<sup>th</sup> – August 12<sup>th</sup>; Weekdays

Ages 4-7 from 9:00am to 12:00pm

Ages 8-12 from 1:00pm to 4:00pm.

Cost - \$2.00 per day or \$10.00 per week.

First Come First Served.

Maximum 20 participants.

Parents must sign a registration/waiver form



#### JUNE IS RECREATION AND PARKS MONTH

Recreation and Parks Month annually recognizes and celebrates the many ways recreation and parks enhance the quality of life for Albertans. This year's theme is *Active Living in the Outdoors*. For some quick, easy-to-implement ideas for getting active in the great outdoors this summer, check out: <u>s3.arpaonline.ca/docs/JRPM-101-Active-Things.pdf</u>

#### **NEW! GROUP WALKING**

Walking with others can be an enjoyable social activity. It can also increase your level of fitness. All you need is comfortable clothing, a good pair of shoes and you're ready to go! Everyone is invited to drop by and walk (younger children should be in a stroller, unless they can keep up with the adult group). Starting June 1. Free - no registration fee required

WHEN: Wednesday evenings for the month of June - 7:30-8:30pm

WHERE: Meet at Servus Credit Union Bank Parking Lot

# NOTICE FOR CUSTOMERS OF THE LEGAL POTABLE WATER TRUCK FILL STATION

The Town of Legal has switched over from the "Prepaid User Card" system to a "PIN" number system. The prepaid cards are no longer accepted at the Bulk Water Station. You can switch over your prepaid card to the new PIN number system at the Town of Legal Office at 5021 50 St between the hours of 8:30am & 4:30pm, Monday to Friday. If you are a one-time user, you can still purchase water at the Town Office which operates on a coin system, but in smaller volumes only. For more info please call the office at 961-3773.

#### **ABOVE GROUND FUEL TANK - BIDS**

The Town of Legal has 2 above ground fuel tanks with stands (300 gallon & 500 gallon) and will be accepting bids. The successful candidate will be responsible for the removal and transportation of the tank(s). If you are interested, please send your bid by email or mail, with your name, address, phone number and bid, to the Town Office by June 15th. main@town.legal.ab.ca or Box 390, Legal, AB TOG 1L0.

#### BYLAW REMINDERS - KEEP YOUR PROPERTY CLEAN

(Bylaw #06-2005 - available on the Town of Legal website)

"No owner or occupier of a property shall allow grass, grasses or weeds on the property to exceed a height of 15 cm." The area between a property owners' fence and the back alley as well as the town median is also the responsibility of the owner."

"No owner or occupier shall allow on the property an accumulation of materials as to create an unsightly condition"

"No owner or occupier of a property shall allow the external storage of more than one motor vehicle not bearing a license plate with subsisting registration."



15 yr Journeyman Mechanic Full Service Garage

Insurance & Safety Inspections - Brakes - Suspension Differential Transmission - Electrical - Front End - Trailer Pick-Up Available

Glenn Doblanko (780) 701-5230 or (780) 668-3445

#### MESSAGE FROM MORINVILLE RCMP

Thefts from vehicles remains a concern. Please help the RCMP and yourself by protecting your property. Ensure that vehicles are locked and all valuables are removed.

#### PERMITS—BUILDING OR RENOVATING?

Be advised that the Town of Legal has a Land Use Bylaw that may indicate a permit is needed for sheds, greenhouses, decks, garages, additions, fireplaces, hot tubs, wood burning stoves, demolitions and some renovations etc. If a development or building is constructed on any property without the proper permits, the property owner may be required to demolish, remove or replace the said development. Failure to obtain proper permits may result in fines being imposed. **Swimming pools** have become an increasing concern, and the Town will be enforcing the entry and site restrictions as stated in the Land Use Bylaw Section 6.21. If you require any information please contact the Town Office or you can view the Land Use Bylaw on the website.

#### **COMPOST SITE**

This is a reminder that the Town does not pick up grass clippings, leaves, branches or garden waste. There is a compost site located at the Town Shop at 5310-48 Ave where these items may be dropped off. Bags and boxes must be removed. Please do not use this as a Dump Site.

#### **RV PARK**

The Town of Legal has 16 stalls at the RV Park (8 stalls are serviced with water, sewer, & power). The rates are as follows:

Monthly rate - \$450 for serviced stall with water, sewer and power

Nightly rate - \$20 for serviced stall with water, sewer and power

Nightly rate - \$15 for serviced stall with power

Nightly rate - \$10 for non-serviced stall

Group Camping rate - \$100 per night (designated area including 8 non -serviced stalls). Reservations are only accepted for monthly campers and the group camping area. Call the Town Office for more information.

#### FETE AU VILLAGE & RV PARK

Please note the following changes for camping at the Legal RV Park during the Fete au Village weekend (July 22-24):

- Tenting area will be closed for the weekend
- There will be a max of 22 stalls available on a first come first serve basis
- One RV and one tent per RV stall will be permitted (RV includes trailers, campers, 5th wheels and motor homes)
- Special campground registration permits will be issued at the Town Office upon registration and must be displayed on the campsite numbered post
- Occupants without proper registration permits will be asked to leave
- All campground rules will apply. These are posted at the campground

#### LEGAL FIRE AND AMBULANCE

Legal Fire and Ambulance is recruiting new members to join its volunteer teams. Required training is provided by the department.

For Fire Department please call Tracy at 961-2444 or Robert at 961-3773. For Ambulance, please call Tammy at 961-4150 or Jamie at 961-3188. Resumes may be submitted by email to rproulx@town.legal.ab.ca.

#### CANADA DAY HOLIDAY

The Town Office and Municipal Shop will be closed Friday July 1st. **Garbage pickup**-South of 50Ave: Wednesday June 29 (not Friday July 1)





helping you chart your career path

Visit us at: Toll Free: 1-877-939-2353

www.cecscareers.com/ Ph: 780-939-2353

#### **LEGAL YOUTH COMMITTEE**

The Legal Youth Committee meets at 7pm the first Tuesday of the month at the Club 60 roses. We'd love your feedback and input so feel free to attend a meeting with a concern, an idea or just to see what's going on!

#### LEGAL YOUTH CLUB — CALLING ALL YOUTH AGED 12-17!

The youth club is open every Friday night in the basement of the Club 60 Roses building from 7-10pm. Bring your \$2.00 cover charge and have some fun! Call club coordinator Jocelyn MacIntyre for more info (780) 961-3257.

# CULTIVATE YOUR COMMUNITY THROUGH PROMOTION OF THE 40 DEVELOPMENTAL ASSETS

The 40 Developmental Assets have been identified as essential building blocks that children and teenagers need as a foundation for growing up to become well adjusted, contributing members of society.

**Asset** #3: OTHER ADULT RELATIONSHIPS: Young person receives support from three or more nonparent adults.

- ▼ Swap a CD or MP3 player with a teen. Listen to the music together if you can and tell each other why you picked that music.
- ♥ Find a gourmet goodie buddy. Bake brownies, cookies or other treats with a young person as a fun way to spend time together.
- ▼ Send cards or e-mail greetings to young people you know to mark holidays, birthdays and other important milestones in their lives.
- As a way to spend time together. Invite a young friend to till, plant, and tend a garden patch or create a container garden with potted plants.
- ▼ It's not too late to identify a caring adult who can help take some of the pressure off you during the teenage years. Do you know someone you can bring into a mentoring relationship with your teen who shares your teen's passion? A colleague? Music instructor? Your child's employer?







#### YOUTH VOLUNTEER APPRECIATION NIGHT

We would like to thank the Town of Legal and the Centralta Community Center for their donations towards the Youth

Volunteer Appreciation Night Movie & BBQ that was held Friday May 13<sup>th</sup>. The youth of Legal are continuously showing their support for our community through their volunteerism and we would like to thank them for all of their efforts.



#### 

Now that the long winter is over, it's time to get outside and reconnect with the community! For generations, block parties have served as a fun and easy way to foster

friendships and promote safe and caring neighbourhoods. FCSS, along with the Town of Legal, offers a "Block Party Kit". Organizing your party is easy using the "How To" guide in the kit! You can request a copy from the Town Office or get it online at <a href="www.town.legal.ab.ca">www.town.legal.ab.ca</a> on the FCSS page! Be sure to contact the Office to reserve the kit for your chosen date. Get ready to have some fun and help build a "Community with Unity".



#### COMPOST WEEK 2011

Plant a Row, Grow a Row encourages you to dig in and join gardeners across Canada this spring to help grow and share an extra row of veggies with free seed packets, courtesy of McKenzie Seeds. The program is spearheaded by the

Compost Council of Canada and the Garden Writers Association, with support form local food banks. A new extension to the program, Plant a Row, Grow a Row – Junior, is designed to encourage and teach children & their families how to start and grow an edible garden at their home, whether with a backyard or a balcony garden or through access to a local community garden. For additional information, please contact May Stepanek, the Compost Council of Canada (416)535-0240 or <a href="mailto:mstepanek@compost.org">mstepanek@compost.org</a> or <a href="mailto:www.growarow.org">www.growarow.org</a>.









Fax:

Marcel Blais Broker/Owner

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**Tom Turner** Associate

VACANT LOTS .....

BUILD HERE!



# Sandy Lake

#### LAKE VIEW

2400 sq. ft. 2 Storey backing onto the North basin of Sandy Lake. Main floor is open and spacious with separate mechanical room and laundry room. The upper floor has 4 bedrooms + den and a 5pc main bath with Jacuzzi. The master bedroom features a gas fireplace, a 3pc ensuite and private access to upper deck. Walk onto the main level deck from the living room or front yard. Another nice feature is the 24'x26' headed detached garage.

LP \$299.900

#### 2- Side by Sides R2 Lots

Sturgeon County

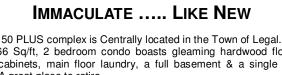
\$89,900



#### **BRAND NEW STARTER HOME**

1375 sq. ft. 3 bedroom 2 storey home with a covered veranda. ideally suited for a young couple as the property is centrally located, close to schools, shopping, parks & playgrounds. Inside you'll discover a vaulted ceiling, hardwood floors throughout the home, an open kitchen, 2 full baths, a large mud room & 3 spacious bedrooms. A MUST SEE!

LP \$287.928



3 Acres East of Legal \$79.900



Legal

This 1066 Sq/ft, 2 bedroom condo boasts gleaming hardwood floors, oak kitchen cabinets, main floor laundry, a full basement & a single attached garage. A great place to retire.

LP \$209.000

#### GREAT FAMILY HOME

1116 sq/ft 2+2 bedroom bungalow with a double attached garage. Features: Vaulted ceilings, open floor plan, large kitchen, main floor laundry, finished basement & a large fenced yard.

LP \$262.500



Cul De Sac-In Town

\$94.900



#### PARK SIDE BI-LEVEL

This 1342 sq. ft. home offers a bright & open living area, a den, nursery with RI plumbing, 4 bedrooms, a walkout basement with a private 2 bedroom suite & a 26 x 22' heated garage (currently used as a studio). Ideally set up for a home business.

LP \$359.900



This 2400 sq. ft. Freestanding building was previously operated as a pharmacy & gift store. Excellent main street location. Offers plenty of off street parking, security/monitoring system included. areas: Pharmacy, retail & storage. LP \$175.000



#### LIKE NEW

2 Storey 1/2 duplex in South Glens. You'll be impressed with the layout. Bright and open living area, 3 generous sized bedrooms, 2 1/2 bathrooms, single attached garage and a private fenced yard.

LP \$262.500



Earlier this month I was honoured to be elected as the president of the Legal & District Chamber of Commerce. Over the last year I have attended numerous meetings of the Chamber and if I was willing to let my name stand it is because of the excellent work of those who proceeded me. Thanks to their excellent devotion and efforts the Legal & District Chamber of Commerce has over 90 members. The Legal-Lerie continues to expand and is the primary source of sharing local news. In brief, the Chamber has an excellent foundation thanks to those before me.

I start the year with three priorities on my heart:

- 1) Continue last year's Chamber priority to have procure a doctor, at least on a part time basis, to serve the community.
- 2) Support the local restaurants and the Legal Super Mart through the increase of tourism.
- 3) Have a survey complied for the business and members of the community so as to move ahead rooted on local input.

All our member and the people we are serving are invited to respond to the survey, which will commence sometime in July.

The Chamber, like each of us, has a life, and in life we have daily choices to grow, to be positive, and to move into the world of possibilities knowing that at times we may be disappointed. We are all invited to lay our heads to rest at night, knowing that we have done our part to make it better. I will give it my best shot this coming year and I believe that we have the expertise on the Council, and in our membership to make things happen. I also believe that the spirit of cooperation that founded our community and that has continued over the years can make of our community the envy of the province.

Ernest Chauvet

President, Legal & District Chamber of Commerce

THE LEGAL & DISTRICT CHAMBER OF COMMERCE IS PLEASED TO ANNOUNCE THE NEW 2011 EXECUTIVE.

PRESIDENT Ernest Chauvet

Centralta Tourism Society

VICE PRESIDENT Frank Klassen

Sunnyside Fruit & Vegetables

TREASURER/SECRETARY Carol Tremblay

C.I. Printing & Office Services

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**Russell Benson** 

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Jules Jasmin

Centralta Tourism Society

Remi Thibault

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# LA LOOKS

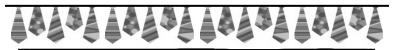
Contact Sandi or Erica at; 780-961-3899

PAGE 9

Legal Servus Credit Union proudly presents a donation of \$300.00 to Sturgeon Rural Crime Watch for the Dare Program.



Photo left to right: Chantell Despins; Branch Manger, Laurette Rivard; Community Council Member, Anna Zilinski; Community Council Member, Roger Nykipilo, President of Rural Crime Watch, S/Sat Mac. Richards & Sat Mark Mathias



My Dad thinks he wears the pants in our house, but it's always Mom who tells him which pair to put on!

.....

Why do golfers take an extra pair of socks?

In case they get a hole in one!

What did the father ghost say to the naughty baby ghost?

γροοκ when you're spoken to!



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LEGAL AD-VICE

The media must be gloating and basking in self admiration that they have caused the expulsion of Doctor Duckett from Alberta Health Care. No one has said he was not doing a good job. He merely committed the cardinal sin of refusing an interview when accosted on the street and emphasizing the absurdity of the matter with his cookie remark The government then went into full "save thyself" mode and sacrificed Doctor Duckett. Politicians will do anything to curry favour with the media The regrettable thing is that the health care system is little changed. The opposition would like us to believe that the government is to blame. It has been a favourite whipping boy for every election since its inception. Everyone criticizes but no one comes forth with a credible solution. The truth is that the same problems exist in every province regardless of the political stripe. I am just waiting for the first politician to commit political suicide by telling the truth, The health care system is unsustainable in its present form.

Since the solution is not available in Canada why not look elsewhere. France and Sweden have successful systems. In both cases they have two tier systems. Certain groups either from their own resources or insurance plans are cared for outside the public system. This is worth investigating with an open mind.

The last time I visited an emergency department it was crowded with people with sniffles, minor cuts and bruises and types of illness that mother used to attend. Clearly not emergency cases. Perhaps a user fee of \$25.00 should be assessed.

The gateway to the Medicare system appears to be the family practitioners. Why is not more being done to increase their numbers? Admittedly this may take a few years but we have been struggling with a shortage for years.

I don't pretend to be an expert but I do know that we can do better than the constant sniping by politicians lusting for power.

Yours Truly, The Old Philosopher

#### LETTER TO THE EDITOR:

This afternoon, I was having coffee with a friend at the New Diamond Restaurant and I witnessed something that I find deplorable. Three young ladies (by young I am meaning 16 or 17 years old) came into the restaurant and sat on the side that had no other customers sitting there. The owner, Sandy, came out and the girls asked for an order of Barbeque Pork Chop Suey and each ordered a can of pop. After a bit of time passed, the three of them got up and went outside, presumably for a cigarette, as they had done that earlier. Unfortunately, they left. That is right, they left the restaurant WITHOUT paying their

Now, I have worked in restaurants back in Ontario, and in some of those establishments if there was a instance of D&D (Dining and Dashing) the cost was to come out of the server's pocket. That is right, the management would not cover it, it was up the server to pay. Also, I am sure these people are probably the same ones who complain of the cost of food, clothes, etc. What they don't realise is that because of things like dining and dashing, which is the food equivalent of shop lifting, the prices have to increase to cover the costs.

Sandy and her husband Ken are working very hard to make the restaurant a go, they have very large shoes to fill as we are all so used to Paul, but they are working hard at it. I am very ashamed that these girls acted this way. Not only does it reflect poorly on them, but it also reflects poorly on their parents, and the way they were raised.

I hope the three of you recognise yourselves in this letter, and you will step up and correct your mistake. Even if it is just going in and paying for your third of the bill, that would be a start. If you had been caught by somebody else, and this was in a larger area such as St. Albert, you could have possibly been charged. Please do the right thing, go and tell them you are sorry and cover your expense.

A concerned citizen, Sheila Woodyard



#### RECIPE OF THE MONTH



Fire up the BBQ & have the kids make dad a Father's day treat!

### SENSATIONAL SIRLOIN KABOBS

Prep Time: 15 min Cook Time: 15 min Ready In: 8-1/2hrs By: allrecipes.com

#### **INGREDIENTS:**

1/4 cup soy sauce 3 tbsp distilled white vinegar 1/2 tsp seasoned salt 2 lb beef sirloin steak, cut into 1 1/2 inch cubes 1/2 lb fresh mushrooms, stems removed 1 fresh pineapple—peeled,

cored and cubed

3 tbsp. light brown sugar 1/2 tsp garlic powder 4 fl/oz lemon-lime flavoured carbonated beverage 2 green bell peppers, cut into pieces

1 pint cherry tomatoes

#### **DIRECTIONS:**

- 1. In a medium bowl, mix soy sauce, light brown sugar, distilled white vinegar, garlic powder, seasoned salt, garlic pepper seasoning, and lemon-lime flavoured carbonated beverage. Reserve about 1/2 cup of this marinade for basting. Place steak in a large re-sealable plastic bag. Cover with the remaining marinade, and seal. Refrigerate for 8 hours, or overnight.
- 2. Bring a saucepan of water to a boil. Add green peppers, and cook for 1 minute, just to blanch. Drain, and set aside.
- 3. Preheat grill for high heat. Thread steak, green peppers, rooms, tomatoes, and pineapple onto skewers in an alternating fashion. Discard marinade and the bag.

Lightly oil the grill grate. Cook kabobs on the prepared grill for 10 minutes, or to desired doneness. Baste frequently with reserved marinade during the last 5 minutes of cooking.

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TIGHT RIGHT 6 MEREPEAT

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Brain Teaser —Answers on Page 12 calendar

### Can you spot 12 differences between these pictures?





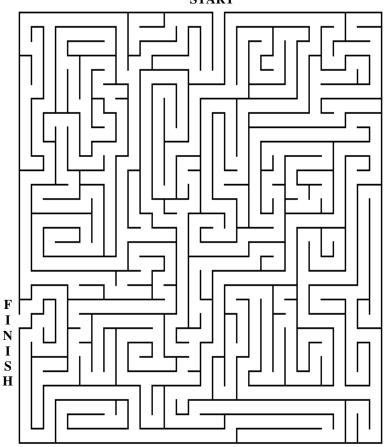


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CARD CARING CUDDLE DADDY FATHER HAPPY FATHERS DAY HELPER FRIEND HUG GARDENER JOB GENEROUS JUNE KISS PRESI LISTENER READ MAN REST PAPA REWA PARENT

PRESENT SURPRISE
READ TEACHER
REST TIE
REWARD WORKER

**START** 







Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 • Coffee Talk-Legal School @ 10am-noon	2 Pilates Yoga w/resistance Creative w/Kids, Legal School @ 10am-noon	3 •Youth Group- Club 60 Roses @ 7pm-10pm	4 • Vimy Lions Club Meat Draw 2:30pm @Legal Hotel
• RC Mass 9:30am Bilingual • Club 60 Roses Breakfast 9am-11:30am • Scottish Highland Dance	• Town Council Mgt. 7pm • AA Meeting 8pm @Club 60 Roses	7 • Stitch & Learn 7pm • Fire Department Mrg. 7pm	8 • Coffee Talk-Legal School @ 10am-noon • Legal Lions Mtg. 7:30pm • Seniors BBQ-Club 60 Roses @ 11:30am	9 • Music w/Munchkins, - Legal School @ 10am-noon • Club 60 Mtg. 7pm • Servus Credit Union BBQ @ 9am-6pm	10 •Youth Group- Club 60 Roses @ 7pm-10pm	11 • Vimy Lions Club Meat Draw 2:30pm @Legal Hotel
			Chamber of Commerce Mtg. 8:30am @ Citadel Centre		NO SCHOOL	
12 • RC Mass 9:30am Bilingual • Scottish Highland Dance	13 • AA Meeting 8pm @Club 60 Roses	14 • Stitch & Learn 7pm • Ambulance Mtg. 7pm	15 • Coffee Talk-Legal School @ 10am-noon	<b>16</b> • K of C Mtg. 7:45pm	• Youth Group- Club 60 Roses @ 7pm-10pm	18 • Vimy Lions Club Meat Draw 2:30pm @Legal Hotel
RC Mass 9:30am Bilingual	20 • Town Council Mgt. 7pm • AA Meeting 8pm @Club 60 Roses	21 • Stitch & Learn 7pm • Fire Department Mrg. 7pm • Parish Council 7:45pm	22	23	24 •Youth Group- Club 60 Roses @ 7pm-10pm	25 • Vimy Lions Club Meat Draw 2:30pm @Legal Hotel
26 •RC Mass 9:30am Billingual	27 • AA Meeting 8pm @Club 60 Roses	28 Stitch & Learn 7pm Ambulance Mtg. 7pm CWL 7:30pm	29	30		
		Last Day of School!				

#### **Kids column Answers:**

**Brain Teasers Answers:** 1) history repeats itself 2) You're under arrest 3) Take from the rich, give to the poor 4) Space Invaders 5) Equal rights 6) Repeat after me 7) Time after time 8) One in a million 9) Right beside me 10) Update 11) Rail crossing 12) Crossing guard

Spot the difference solutions: 1) Line on man's right shoe is missing. 2) Circle on sneaker missing. 3) Line under dog's nose missing. 4) Line on bottom of man's shoe missing. 5) Man's watch is black. 6) Dot on shirt is colored in. 7) Post on sign colored in. 8) Bandage on leg moved. 9) Group of trees moved. 10) Tail on dog is facing down. 11) Pocket on shorts is longer. 12) Pants are shorter.